Welcome to the First APPEAR Newsletter!

Selected Recent Publications


Recent Presentations

Academy for Eating Disorders

International Conference on Eating Disorders, San Francisco, USA- May 2016


RISE!

Research Innovation and Scholarship Expo (RISE), Northeastern University


Dr. Lou Kruger, Dr. Rachel Rodgers, Stephanie Long, Alice Lowy, & Kayla Yates
Our focus has turned to body image and eating concerns among men recently with some interesting findings that cast some light on how sociocultural influences play a role among males (see recent publications: Franko et al., 2015; Kling, Rodgers, & Frisen, in press). In addition, Dr. Rachel Rodgers joined her colleagues Drs. Jerel Calzo, Alison Field, Jason Lavendar, and Tom Hildebrandt on a panel co-sponsored by the Male, Body Image and Prevention, and Epidemiology SIGs at the recent ICED meeting in San Francisco to further discuss issues related to the identification, risk-factors, and prevention of eating disorders in males.

At that same meeting, the Body Image and Prevention SIG (co-chaired by Drs. Megan Jones & Rachel Rodgers) welcomed Emily Greener from I AM THAT GIRL (http://www.iamthatgirl.com) to discuss issues related to the evaluation of such large scale efforts. Finally, APPEAR has been collaborating with STRIPED and Dr. S. Bryn Austin around issues related to policies that have to potential to decrease sociocultural pressures towards thinness including the regulation of digitally altered images and the fashion industry. We have been working on a transatlantic evaluation study looking at initiatives and possible policy approaches in France and the US. See also Alice Lowy’s lobbying work in Washington!

### Coming to a conference near you!

**Appearance Matters Conference - London, UK - June 2016**

- Rodgers. R., DuBois, R., Asi, S., Cutrim, P., Hartley, L., McDonald, D., Olesnycky, O., & Lynn, S. Body-image concerns mediate ability to learn to correct misperceptions of body image. (Poster)

**International Congress of Psychology**

Yokohama, Japan - July 2016

Rodgers, R. F. The Use of Behavior-Change Theory in the Prevention of Body Image and Eating Disorders. (Keynote Presentation)

**Association for Behavioral and Cognitive Therapies - New York, U.S. - October 2016**


### Honors, prizes

**Professor Debra Franko**

- Recipient of the NEDA Lori Irving Award for Excellence in Eating Disorders Prevention and Awareness.

**Russell Dubois**

- Recipient of summer Fellowship at the Eating Disorders Clinical and Research Program, Massachusetts General Hospital.
Activities

APPEAR participated in the walk hosted by MEDA on April 10th at Newton North High School. Our fabulous team included Dr. Franko, Alice Lowy, Russell Dubois, Kayla Yates, and Mackenzie Dafferner.

Where are they now?

Meghan Lovering:
Meghan graduated this May and will be starting a postdoc at the Edith Nourse Rogers Memorial Veterans Hospital in Bedford, MA in the Community Reintegration track.

Kayla Yates:
Kayla is also graduating and has accepted a position at MGH working specifically in the endocrinology department conducting genetics and diabetes research.

A sneak-peek at….

Summer 2016
This summer we will be continuing our collaborations with our colleagues down-under, and doing some exciting coding of qualitative data. We will also have some new summer members!

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Alice Lowy
- Recipient of a STRIPED travel scholarship for EDC Congressional Lobby Day in April, 2016 and lobbied in Washington with Dr. S. Bryn Austin! They traveled to Capitol Hill in support of the Anna Westin Act.

Kayla Yates
- Graduating with honors from the Honors Department
- Inducted into the Bouve College of Health Sciences Honors Society
- Recipient of the Sears B. Condit Award
- Huntington 100

Kristine Zhang
- University Scholars Program: 2013-present
- Honors Program: 2013-present
- Dean’s List student: 2013-present
- Co-Performance Coordinator of Northeastern’s Vietnamese Student Association: 2015-2016
- Vice President of Northeastern’s Vietnamese Student Association: 2016-present (until Spring 2017)

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Visit our website for opportunities to participate in research!