Welcome to the First APPEAR Newsletter!

Selected Recent Publications


We are excited to share our latest updates with you and celebrate the achievements of our fabulous team. In this first edition, we celebrate in particular our co-director Dr. Debra Franko’s NEDA award which was so well-deserved! We have also included some upcoming conferences where we hope to see many of you. Please stop by our posters!

As we launch into summer, we have a number of exciting ongoing projects, and we look forward to sharing some of their outcomes in our next edition this Fall!

The APPEAR team
Recent Presentations

International Conference on Eating Disorders, San Francisco, USA- May 2016


• Melioli, T., Rispal, M., Hart, L.M., Chabrol, H., & Rodgers, R.F. French mental health first aid guidelines for eating disorders: User characteristics and usefulness among college students
• Choquette E., Ordaz, L., Rodgers, R.F., Melioli, T., Delage, B., Chabrol, H., & Thompson, J.K. Comparison of Drunkorexia: cross-cultural differences in compensatory behaviors in response to alcohol and associations with eating disorder symptoms
• Rodgers, R.F., Damiano, S. R., Wertheim, E. H., Paxton, S., J. Longitudinal associations between media exposure, attitudes towards thinness, and BMI in 3-year-old girls.

RISE!

Research Innovation and Scholarship Expo (RISE), Northeastern University

• Olesnycky, O., Asi, S., Cutrim, P., Hartley, L., McDonald, D., DuBois, R., Rodgers, R., & Lynn, S. Media exposure impairs perception of body image.

Dr. Lou Kruger, Dr. Rachel Rodgers, Stephanie Long, Alice Lowy, & Kayla Yates
Our focus has turned to body image and eating concerns among men recently with some interesting findings that cast some light on how sociocultural influences play a role among males (see recent publications: Franko et al., 2015; Kling, Rodgers, & Frisen, in press). In addition, Dr. Rachel Rodgers joined her colleagues Drs. Jerel Calzo, Alison Field, Jason Lavendar, and Tom Hildebrandt on a panel co-sponsored by the Male, Body Image and Prevention, and Epidemiology SIGs at the recent ICED meeting in San Francisco to further discuss issues related to the identification, risk-factors, and prevention of eating disorders in males.

At that same meeting, the Body Image and Prevention SIG (co-chaired by Drs. Megan Jones & Rachel Rodgers) welcomed Emily Greener from I AM THAT GIRL (http://www.iamthatgirl.com) to discuss issues related to the evaluation of such large scale efforts.

Finally, APPEAR has been collaborating with STRIPED and Dr. S. Bryn Austin around issues related to policies that have to potential to decrease sociocultural pressures towards thinness including the regulation of digitally altered images and the fashion industry. We have been working on a transatlantic evaluation study looking at initiatives and possible policy approaches in France and the US. See also Alice Lowy’s lobbying work in Washington!

**Coming to a conference near you!**

**Appearance Matters Conference - London, UK - June 2016**
- Rodgers, R., DuBois, R., Asi, S., Cutrim, P., Hartley, L., McDonald, D., Olesnycky, O., & Lynn, S. Body-image concerns mediate ability to learn to correct misperceptions of body image. (Poster)

**International Congress of Psychology**
**Yokohama, Japan - July 2016**
Rodgers, R. F. The Use of Behavior-Change Theory in the Prevention of Body Image and Eating Disorders. (Symposium Presentation)

**Association for Behavioral and Cognitive Therapies - New York, U.S. - October 2016**

**Honors, prizes**

**Professor Debra Franko**
- Recipient of the NEDA Lori Irving Award for Excellence in Eating Disorders Prevention and Awareness.

**Russell Dubois**
- Recipient of summer Fellowship at the Eating Disorders Clinical and Research Program, Massachusetts General Hospital.
Activities

APPEAR participated in the walk hosted by MEDA on April 10th at Newton North High School.
Our fabulous team included Dr Franko, Alice Lowy, Russell Dubois, Kayla Yates, and Mackenzie Dafferner.

Where are they now?

Meghan Lovering:
Meghan graduated this May and will be starting a postdoc at the Edith Nourse Rogers Memorial Veterans Hospital in Bedford, MA in the Community Reintegration track.

Kayla Yates:
Kayla is also graduating and has accepted a position at MGH working specifically in the endocrinology department conducting genetics and diabetes research.

A sneak-peek at….

Summer 2016
This summer we will be continuing our collaborations with our colleagues down-under, and doing some exciting coding of qualitative data. We will also have some new summer members!

Moving on up!

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Contact

http://nuweb9.neu.edu/appear/
Visit our website for opportunities to participate in research!