We are excited to share our latest updates with you and celebrate the achievements of our fabulous team. In particular, the arrival of Ian Thomas George was by far the most exciting event! We have again included some upcoming conferences where we hope to see many of you, some are local and some international. We would love to see you at a talk or a poster!

The first months of the new year are promising to be very busy, so keep tuned!

The APPEAR team

Members

Faculty
Dr. Rachel F Rodgers
Dr. Debra L. Franko
Dr. Jessica Edwards George

Master
Raihaan Attawala
Christopher Kafka
Chloe Richards

PhD students
Rachel Berry
Jenna Campagna
Elizabeth Cook
Russell DuBois
Alice Lowy
Atsushi Matsumoto
Jennifer O’Flynn
Joan Hanania

Undergraduates
Joanna Borg
Mackenzie Dafferner
Kelly Eng
Evan Jacobson
Maya Wong
Mika White
Kristine Zhang
Melissa Giblin

Volunteers
Claire Dutton
Madelyn Frumkin

Recent Publications


Recent Presentations


- Rodgers. R., DuBois, R., Asi, S., Cutrim, P., Hartley, L., McDonald, D., Olesnycky, O., & Lynn, S. Body-image concerns mediate ability to learn to correct misperceptions of body image. (Poster)


International Congress of Psychology - Yokohama, Japan – July 2016

- Rodgers, R. F. The Use of Behavior-Change Theory in the Prevention of Body Image and Eating Disorders. (Presentation)

Association for Behavioral and Cognitive Therapies - New York, U.S. - October 2016

- Russell DuBois, Rachel F. Rodgers, Debra L. Franko, & Donald J. Robinaugh, Ph.D. Is preoccupation with body shape and weight a ‘core’ symptom of disordered eating? A network perspective on eating disorder symptoms? (Symposium Presentation)

Eating Disorders Research Society Meeting, New York, USA - October 2016

- Rodgers, R.F., Ziff, S., Lowy, A., Yu, K., & Austin, S.B. Healthy is the new black: Results of a pilot translational research study to inform policies protecting fashion models. (Presentation)


Massachusetts Psychological Association Annual Conference, Waltham, MA. - October 2016

Research News and Highlights

We had a productive summer and fall, with the visits of Dr. Fuller-Tyszkiwicz and Carrard. The Fall semester has also been enhanced by two wonderful software development teams who have been lucky enough to work with! Thank you teams Happy Being Us, and Datacadabra for all your wonderful work.

In addition, congratulations to our team members who defended dissertation proposals in November: Russell DuBois “Symptom decoupling as a process of change in acceptance and mindfulness based therapy for eating disorders: New insights from a Network perspective”, and Atsushi Matsumoto “Body image experiences among men in midlife: Test of an integrated model and exploration of the embodied experience.”

Most importantly, we welcome Ian Thomas George who arrived November 21st!

Media appearances

Do Europeans Really Feel Differently From Americans About Their Bodies?
Size diversity plan can help body image
How can I stop my child developing an eating disorder?
Attention, teenagers: nobody really looks like that
Should parents ever comment on their daughter’s weight?

Coming to a conference near you!

Multi-Service Eating Disorders Association Conference, 11th March 2017, Newton, MA
• Austin, S.B., & Rodgers, R.F. Prevention of Eating Disorders Through Changes at the Societal Level

Boston Children’s Hospital Feeding & Eating Disorders conference, 24th March, Boston, MA
• Rodgers, R.F. Preventive efforts: Benefits of targeting the individual and social-level for change.

International Conference on Eating Disorders, June 2017 Prague
• Rodgers, R.F., McLean, S. A., Paxton, S. J. Examination of the mechanisms accounting for the protective effect of media literacy on body dissatisfaction. (Paper)
• Girard, M., Chabrol, H. Rodgers, R. F. Profiles of muscularity concerns and muscularity-oriented behaviors among French young women. (Paper)
• Rodgers, R.F., Choquette, E., Lowy, A.S., Thompson, J. K. The relationship between perceived pressure from the media to maintain a “healthy weight” and eating disorder symptoms. (Poster)
• Melioli, T., Bauer, S., Moessner, M., Chambart, C., Chantepie, M., Chabrol, H., Rodgers, R.F. Who completes the screening phase of an online eating disorders-prevention program? A cluster analysis approach.
• O’Flynn, J., Richard, C., Rodgers, R.F., Franko, D. L. Can Taking an Online Survey Reduce Eating Disorder Risk Factors in College Students?
Honors, prizes

Congratulations to Mika White who received a grant from the Provost office to conduct her Honors project on the correlates of Orthorexia, watch this space for exciting findings.

Congratulations also to Russell Dubois who received a summer fellowship at the Eating Disorders Clinical and Research Program, Massachusetts General Hospital! Join us in Prague in June to hear about his excellent research project!

Congratulations also to Dr. Rodgers who was accepted as a member of the Eating Disorders Research Society!

Activities

In October we joined filmmaker Elena Rossini, hosted by STRIPED for a screening of her film “the Illusionists” that examines the selling of Western beauty ideals across the world. A lively debate followed!

A sneak-peek at…

Winter 2016

This winter we will have a couple more exciting visits from our colleagues abroad! In addition, we will be featured in the Northeastern Vital Signs magazine in January. Make sure you get a copy!

Guest appearances

This summer we were lucky enough to have a visit from Dr. Matthew Fuller-Tyszkiewicz, visiting from Deakin University, Melbourne, Australia.

In addition, in November we had the pleasure of a brief visit from Dr. Isabelle Carrard from the Haute école de santé in Geneva, Switzerland. Dr. Carrard gave a very thought-provoking talk titled “How to maintain weight loss (HOMAWLO): Results of a mixed-method study”

Ways to give

APPEAR and Miss Ohio 2016 are raising funds for a research study to promote bode positivity on social media. Funds will go toward compensation for participants.

Donate today by going to https://app.mobilecause.com/vf/APPEAR Or texting APPEAR to 71777

http://nuweb9.neu.edu/appear/
Visit our website for opportunities to participate in research!

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